What is claimed is:

1. A method for collection of blood comprising:

positioning a body portion, from which blood is to be withdrawn, within a shield member such that the shield member is generally disposed between the body portion and a hand of a user; and

portion such that the shield member is generally disposed between the insertion member and the user's hand.

- 2. The method of claim 1 further comprising holding the shield member in one hand of the user while accomplishing said inserting using another hand of the user.
- The method of claim 1 further comprising stabilizing the body portion while holding the shield member.
- The method of claim 3 wherein said stabilizing includes stabilizing the body portion using a digit of the user's hand.
- 5. The method of claim 1 further comprising providing a shield member, one portion of which is configured to be releasably held in said one hand and another portion of which is configured to releasably receive the body portion.
- 6. The method of claim 5 wherein the another portion of the provided shield member includes a surface recess extending along an axis of the shield member, in which is received the body portion.
- 7. The method of claim 6 wherein the recess and said one portion of the provided shield member is each one of accuate or polygonal in cross-section.
 - 8. The method of claim 7 wherein the provided shield member is

configured to be in the general shape of a hollow tube cut in half along its length.

- 9. The method of claim 1, further comprising withdrawing blood from the body portion using the blood extraction device following said step of inserting.
- 10. The method of claim 9 further comprising: stopping the withdrawal of blood; and withdrawing the insertion member of the blood extraction device from the body portion.
- 11. The method of claim 4 further comprising:
 stopping the withdrawal of blood;
 withdrawing the insertion member of the blood extraction device from the body portion;

removing the digit of the user's hand; and removing the body portion from the shield member.

- 12. The method of claim 1 wherein the blood is umbilical cord blood.
- 13. The method of claim 1 wherein the body portion is the umbilical cord, wherein the inserting includes inserting the insertion member into the umbilical cord.
- 14. The method of claim 13 further comprising withdrawing cord blood from the umbilical cord using the blood extraction device following the step of inserting the insertion member.
- 15. The method of claim 14 wherein the blood extraction device comprises a needle and syringe.
- 16. A method for collection of umbilical cord blood comprising: positioning an umbilical cord within a shield member; and

contacting the cord with a blood extraction device.

- 17. The method of claim 16 wherein the shield member is generally disposed between the cord and a hand of a medical practitioner.
- 18. The method of claim 16 wherein the blood extraction device comprises a needle and syringe.
 - 19. A shielding device comprising:

a cradle member, the cradle member being configured so one portion thereof is releasably held in a hand of a user, so another portion thereof releasably receives the body portion, and so a digit of the user's hand secures the body portion in the another portion while holding the cradle member.

- 20. The shield device of claim 19 wherein said another portion includes a surface recess extending along an axis of the cradle member, in which recess is received the body portion.
- 21. The shield device of claim 19 wherein the recess is one of arcuate or polygonal in cross-section.
- 22. The shield device of claim 20 wherein the one portion is configured so as to be one of arcuate or polygonal in cross-section.
- 23. The shield device of claim 19 wherein the cradle member is configured and arranged so as to be in the general shape of a hollow tube cut in half along its length.
- 24. The shield device of claim 19 wherein the cradle member is made from stainless steel and/or medical grade plastic.
 - 25. An apparatus for extracting cord blood from an umbilical cord

comprising:

a cradle member, said cradle member being configured and arranged so one portion thereof is releasably held in a hand of a user, so another portion thereof releasably receives the umbilical cord, and so a digit of the user's hand secures and stabilizes the umbilical cord in said another portion while holding the cradle member; and

a blood extraction device including an insertion member being configured so as to inserted into the umbilical cord and to withdraw cord blood therefrom.

26. A blood collection device kit comprising:

a shielding device including a cradle member, said cradle member being configured and arranged so one portion thereof is releasably held in a hand of a user, so another portion thereof releasably receives the body portion, and so a digit of the user's hand secures and stabilizes the body portion in said another portion while holding the cradle member.

- 27. The blood collection kit of claim 26 further comprising a blood extraction device including an insertion member that is configured to be inserted into the body portion and to withdraw blood therefrom.
- 28. The blood collection kit of claim 26 wherein the cradle member is configured and arranged so as to be in the general shape of a hollow tube cut in half along its length and the blood extraction device comprises a needle and syringe.
- 29. The blood collection kit of claim 26 wherein the cradle member is configured and arranged so as to be in the general shape of a hollow tube cut in half along its length.
- 30. The blood collection kit of claim 26, wherein said another portion includes a surface recess extending along an axis of the cradle member, in which recess is received the body portion and wherein the recess is one of arcuate or polygonal in cross-section.

- 31. The blood collection kit of claim 26 wherein the body portion is an umbilical cord and wherein the recess is configured and arranged to receive the umbilical cord therein.
- 32. The blood collection kit of claim 27 wherein the blood extraction device comprises a needle and syringe.
- 33. The method of claim 10, further comprising the step of covering at least an end of the insertion member following said withdrawing the insertion member from the body portion.

A method for collection of blood from an umbilical cord (cord blood), comprising:

providing a shield member, one portion of which is configured to be releasably held in one hand of a user and another portion of which is configured to releasably receive the umbilical cord, wherein the another portion includes a surface recess extending along an axis of the shield member, in which is received the umbilical cord and wherein the recess and the one portion are each arcuate in cross-section;

holding a shield member with one hand of a user;

positioning the umbilical cord within the shield member such that the shield member is generally disposed between the umbilical cord and the one hand;

stabilizing the umbilical cord while holding the shield member using the one

hand:

inserting an insertion member of a blood extraction device into the umbilical cord using another hand of the user such that the shield member is generally disposed between the insertion member and the one hand; and

withdrawing the cord blood from the umbilical using the blood extraction device;

35. The method of claim 34 further comprising: stopping the withdrawal of cord blood; and

withdrawing the insertion member from the umbilical cord.

36. A shielding device comprising:

a cradle member, the cradle member being configured so one portion thereof is releasably held in a hand of a user, so another portion thereof releasably receives the body portion, and so a digit of the user's hand secures the body portion in the another portion while holding the cradle member;

wherein said another portion includes a surface recess extending along an axis of the cradle member, in which recess is received the body portion; and

wherein the recess and said one portion are configured so as to be arcuate in cross-section.

37. A cord blood collection device kit comprising:

a shielding device including a cradle member, the cradle member being configured and arranged so one portion thereof is releasably held in a hand of a user, so another portion thereof releasably receives an umbilical cord, and so a digit of the user's hand secures and stabilizes the umbilical cord in said another portion while holding the cradle member;

a needle and syringe to withdraw cord blood from the umbilical cord, the needle being configured to be inserted into the umbilical cord; and

wherein said another portion includes a surface recess extending along an axis of the cradle member that is configured and arranged to receive the umbilical cord therein and wherein the recess is arcuate in cross-section.